

2009 – 2010 **ASK CARE** Program Lecture Series for **Parents**

Parenting is a tough job.

So ASK is offering a monthly gathering for parents to discuss issues over a glass of wine and refreshment in a friendly environment without judgment.

In addition, we offer “*What’s on your mind? - Q & A sessions*” facilitated by Rachel Melville Thomas, Child Psychotherapist, WRS - Kids in Mind

~ Feeling burned out? ~ Squabbles and fights in the house? ~ Trouble at school?

~ Don’t know whether to love or hate your teenagers? ~ Parents not agreeing?

Tuesday, 4th May 2010
What’s on your mind? Q&A session
with Rachel Melville Thomas
Psychotherapist, WRS, Kids in Mind

Where: Webster University, Time: 19h30 - 21h30, Jura Bldg. Rm 13/15

Fees: ASK parents CHF25

Non-ASK: CHF40, Drop In: CHF50

Please consult our website for online registration. <http://www.allspecialkids.org>